

# Castalano's

## Deli & Catering

[www.CASTALANOS.com](http://www.CASTALANOS.com)

6897 West Park Ave., Houma  
Phone: 853.2090 Fax: 853.2099  
Mon.-Sat. 11am-8pm

7881 Main St., Houma  
Phone 853.1090 Fax: 853.1099  
Mon.-Fri. 11am-2pm

Catering Hotline 1-866-853-1961

### STARTERS

Soup of the Day.....	Cup \$3.95	Bowl \$6.95
Gumbo.....	Cup \$3.95	Bowl \$6.95
Chicken Tenders.....	\$6.95	
Cheese Sticks with Marinara Sauce.....	\$6.95	

### ON THE SIDE

French Fries.....	\$1.75	Sweet Potato Fries.....	\$2.50
Side Caesar Salad.....	\$3.50	Potato Salad.....	\$2.50
Side Green Salad.....	\$3.50	Vegetable of the Day.....	\$2.50
Pasta w/ Tomato Gravy.....	\$3.95	Creamed Potatoes w/ Gravy.....	\$2.50
Grilled Chicken Breast.....	\$3.95	Fruit Salad.....	\$2.95

### HOT PLATES

Spaghetti.....	<i>Homemade Sauce over Angel Hair Pasta with Italian Sausage &amp; Meatball. Choice of Salad &amp; Garlic Bread.</i>	\$9.95
Chicken Parmesan.....	<i>Chicken Breast with Tomato Sauce, Mozzarella, Parmesan over Angel Hair. Choice of Salad &amp; Garlic Bread.</i>	\$10.95
Eggplant Parmesan.....	<i>Eggplant with Tomato Sauce, Mozzarella, Parmesan over Angel Hair. Choice of Salad &amp; Garlic Bread.</i>	\$9.95
Alfredo with Chicken or Shrimp...	<i>Traditional Cream Sauce over Penne Pasta. Choice of Salad &amp; Garlic Bread.</i>	\$10.95
Chicken Breast & Veggies.....	<i>Marinated Grilled Chicken Breast with Italian Vegetables over Penne Pasta, Salad &amp; Pistolette.</i>	\$9.95
Ratatouille with Shrimp.....	<i>Italian Vegetables over Penne Pasta with Grilled Shrimp &amp; Parmesan Cheese, Salad &amp; Pistolette.</i>	\$10.95
Hamburger Steak.....	<i>Grilled 1/2 Pound Hamburger Steak &amp; Onions with Creamed Potatoes &amp; Gravy, Petit Pois Peas &amp; Pistolette.</i>	\$8.95
Fried Chicken Tenders or Shrimp.....	<i>Served with French Fries, Salad &amp; Pistolette.</i>	\$8.95
Pasta Primavera with Chicken or Shrimp...	<i>Grilled Vegetables with Olive Oil &amp; Herbs over Penne Pasta, a touch of Red Sauce, &amp; Parmesan, Salad &amp; Garlic Bread.</i>	\$10.95

### FAVORITES

Muffaletta.....	<i>Genoa Salami, Ham, Mortadella, Provolone, Olive Salad on 9" Toasted Muff Loaf.</i>	Whole..\$12.95	Half (Muff Only).....	\$7.50
Chicken or Eggplant Parmesan...	<i>Battered Breast of Chicken or Eggplant, Mozzarella, Parmesan &amp; Tomato Sauce on 8" Poboy.</i>	\$7.95		
Italian Sausage or Meatball.....	<i>Castalano's Homemade Sausage or Meatballs with Tomato Sauce &amp; Mozzarella on 8" Poboy.</i>	\$7.50		
Sausage or Meatball w/ Peppers & Onions...	<i>Sausage or Meatball, Grilled Peppers, Onion, Mozzarella, Mayo, Must., 8" Poboy.</i>	\$7.50		
Stromboli.....	<i>Italian Sausage, Genoa Salami, Pepperoni, Provolone, Olive Oil, Red Onion &amp; Bell Pepper on 8" Poboy.</i>	\$7.95		
Portabella Parmesan.....	<i>Tomato Sauce, Grilled Onions, Mozzarella, Parmesan &amp; Olive Oil on Sesame Seed Bun.</i>	\$6.95		
Grilled Portabella Mushroom.....	<i>Portabella Mushrooms, Swiss, Tomato, Olive Oil on Honey Wheat Berry.</i>	\$6.95		
Philly Steak & Cheese.....	<i>Grilled Sirloin, Provolone, Peppers, Onion &amp; Mayo on 8" Poboy.</i>	\$7.95		
Turkey Melt.....	<i>Grilled Smoked Turkey, Onions, Swiss, Mayo &amp; Mustard on Sesame Seed Bun.</i>	\$6.25		
Shrimp Melt.....	<i>Grilled Shrimp, Swiss &amp; Mayo on 8" Poboy.</i>	\$7.95		
T-Bas.....	<i>Smoked Turkey, Tomato, Bacon, Guacamole, Swiss, Mayo on Honey Wheat Berry.</i>	\$7.95		
Club or Chicken Club..	<i>Smoked Ham &amp; Turkey or Grilled Chicken, Swiss, Bacon, Tomato, Mayo &amp; Mustard. Choice of Sliced Bread.</i>	\$7.95		
Chicken Delight.....	<i>Grilled Chicken, Onion, American, Lettuce, Bacon, Tomato, Mayo on Sesame Seed Bun.</i>	\$7.95		
Reuben.....	<i>Comed Beef, Swiss, Sauerkraut, Thousand Island Dressing on Toasted Rye.</i>	\$7.95		
Tuna Steak.....	<i>Grilled Marinated Yellow Fin Tuna Steak, Mayo, Lettuce, Tomato, Pickle on Sliced Wheat.</i>	\$7.95		
Crab Cakes.....	<i>Golden Crab Cakes, Spicy Dressing, Lettuce, Tomato, Pickle on Toasted Croissant.</i>	\$7.95		
Veggie Burger.....	<i>Grilled Veggie Burger, Onions, Mushrooms, Lettuce, Tomato, Pickle, Mayo &amp; Mustard on Sesame Seed Bun.</i>	\$6.25		
Big "C" Hamburger.....	<i>Half-Pound Burger, American Cheese, Lettuce, Tomato, Pickle, Mayo &amp; Mustard on Sesame Seed Bun.</i>	\$6.25		
Turkey Burger.....	<i>Half-Pound Burger, Grilled Onions, Lettuce, Tomato, Pickle, Mayo &amp; Mustard on Sesame Seed Bun.</i>	\$6.25		
Grilled or Fried Shrimp.....	<i>Lettuce, Tomato, Pickle, Mayo &amp; Mustard on 8" Poboy.</i>	\$7.95		

Upgrade to 8" Poboy for \$2 or 12" Poboy for \$4



### WRAPS

Caesar Wrap-Chicken, Shrimp or Portabella.....	<i>Romaine, Parmesan, Black Pepper &amp; Caesar Dressing in Wheat Tortilla.....</i>	\$7.95
Crispy Chicken Wrap.....	<i>Golden Tender Strips, Lettuce, Tomato, Pickle &amp; Ranch Dressing wrapped in Garlic Herb Tortilla.....</i>	\$7.95
Fajita Wrap-Chicken, Beef or Shrimp... a Jalapeno Cheese Tortilla.....	<i>Green Peppers &amp; Onions, Sour Cream, Guacamole &amp; Cheese in.....</i>	\$7.95
Med-8 (Vegetarian)..... Swiss Cheese & Guacamole Wrapped in a Spinach Tortilla.....	<i>Fat-Free Cream Cheese, Honey Mustard, Lettuce, Red Onion, Cucumber, Tomatoes, Portabella Mushrooms.....</i>	\$6.95

### TRADITIONAL

Marinated Grilled Chicken Breast.....	<i>Lettuce, Tomato, Pickle, Mayo &amp; Mustard and Choice of Bread.....</i>	\$6.95
Turkey & Swiss.....	<i>Lettuce, Tomato, Pickle, Mayo &amp; Mustard and Choice of Bread.....</i>	\$6.95
Ham & American.....		\$6.95
Corned Beef & Swiss.....	<i>Lettuce, Tomato, Pickle, Mayo &amp; Mustard and Choice of Bread.....</i>	\$6.95
BLT ( no pickle).....	<i>Lettuce, Tomato, Mayo &amp; Mustard and Choice of Bread.....</i>	\$6.95

*Served with Bag of Chips and Pickle Spear.*

*Bread of choice: Croissant, Sesame Seed Bun, Wheat, White, Honey Wheat Berry*

*Make it a Poboy - 8" add \$2.00, 12" add \$4.00*

### SALADS

Muffaletta.....	<i>Mixed Greens, Tomatoes, Olive Salad, Ham, Mortadella, Genoa Salami, Provolone, Olive Oil &amp; Red Wine Vinegar.....</i>	\$8.95
Grilled Tuna Steak....	<i>Grilled Marinated Yellow Fin Tuna Steak on Spring Mix, Tomatoes, Walnuts &amp; Raspberry Walnut Vinaigrette.....</i>	\$8.95
Classic Caesar.....	<i>Romaine Lettuce, Shredded Parmesan Cheese, Croutons and our Special Caesar Dressing.....</i>	\$6.50
	Add Chicken or Shrimp.....	\$8.50
House.....	<i>Mixed Greens, Carrots, Tomatoes, Cheddar Cheese. Choice of Dressing.....</i>	\$6.50
	Add Chicken or Shrimp.....	\$8.50
Tropical.....	<i>Mixed Greens, Seasonal Fruit, Cheddar Cheese, Walnuts with Poppy Seed Dressing.....</i>	\$6.95
	Add Chicken or Shrimp.....	\$8.95
Spinach with Shrimp....	<i>Baby Spinach, Red Onions, Sliced Mushrooms, Oranges, Egg, Croutons with Honey Bacon Dressing.....</i>	\$8.95
Italian Pasta.....	<i>Chilled Rotini Pasta, Diced Carrots &amp; Cucumbers, Olive Salad, Parmesan Cheese with Lowfat Dressing.....</i>	\$6.50
	Add Chicken or Shrimp.....	\$8.50
Pasta.....	<i>Chilled Rotini Pasta, Diced Carrots &amp; Cucumbers with Lowfat, Creamy Homemade Dressing.....</i>	\$6.50
	Add Chicken or Shrimp.....	\$8.50

ALL MEATS GRILLED UNLESS OTHERWISE REQUESTED

*Choice of Dressings: Caesar, Thousand Island, Blue Cheese, Honey Raspberry Vinaigrette, Ranch*

*Fat Free Ranch, Low-Fat Italian, Honey Mustard, Poppyseed, Hot Honey Bacon, Oil & Vinegar*

### FOR LIL' ONES

Chicken Tenders & Fries.....	\$5.95
Grilled Cheese & Fries (White or Wheat Bread).....	\$5.95
Shrimp & Fries.....	\$6.95
Spaghetti & Meatball with Garlic Bread.....	\$6.95

### DESSERTS

Bread Pudding with Rum Sauce.....	\$2.95	Chocolate Cake.....	\$2.25
Jumbo Cookies (2).....	\$1.95	Red Velvet Cake.....	\$2.25
New York Cheese Cake.....	\$3.50	Carrot Cake.....	\$2.25
Pecan Caramel Cheesecake.....	\$3.50	Fruit Salad.....	\$2.95
Sugar-Free New York Cheesecake.....	\$3.50	Various "Home Made" Desserts.....	\$3.95

### BEVERAGES

Fountain Drinks (free refills).....	\$1.95	Fresh Brewed Iced Teas (free refills).....	\$1.95
Drinks		Coffee, Juices or Milk.....	\$1.50
Can -12oz .....	\$1.50	Domestic Beer.....	\$3.00
Bottle - 20oz, Vitamin Water.....	\$2.25	Imported Beer.....	\$4.00
Bottled Water.....	\$1.75	Wine (Downtown Only).....	\$4.50
Iced Tap Water.....	\$ .75		

*Effective 04/28/08*